



National Center on Advancing Person-Centered Practices and Systems

Culture and Person-Centered Practice Video Series

Listening Before Acting

NCAPPS made a video series called [Culture and Person-Centered Practices](#). The videos are posted on the NCAPPS YouTube channel. In these short videos, people tell their stories about what culture and person-centered practices mean to them. This is a summary of their stories.

Andy Arias

Andy is a disability rights advocate and policy expert. He is LGBTQ, Latinx, and has a disability. Andy talks about including the person with a disability in every part of person-centered planning. He says, “They need to be asked, not told.”

He says it is important to understand a person’s culture. The culture they grow up in shapes how they view disability. This is a daily practice; not just attending one webinar or cultural celebration. He talks about taking it person by person. Every person is unique. He says that service providers do not have to have all the answers. They can help people find other resources. It’s important to ask how you can support them with their multiple identities.

Andy says, “We’re not looking to you to solve all the problems. We are looking to you to create avenues for solutions.”